

**1** Pneumococcal disease, which includes **pneumococcal pneumonia**, refers to **a group of illnesses caused** by the bacteria *Streptococcus pneumoniae*.

**2** **Common symptoms** of pneumococcal pneumonia include **high fever, excessive sweating and shaking chills, coughing, difficulty breathing, shortness of breath** and **chest pain**.

**3** Adults aged **65+** face **increased risk of infection** due to age-related decline of the immune system.

**4** Risk factors for pneumococcal pneumonia include **diabetes, asthma, chronic obstructive pulmonary disease (COPD)**, and a **suppressed immune system**. **Smoking** can also increase risk.

**5** Pneumococcal pneumonia can strike **anywhere** and **anytime**.

**6** **Vaccination** can help to protect against some forms of pneumococcal pneumonia.

**Talk to your doctor about ways to minimise the risk.**

**Take a moment to appreciate each breath you take while you learn these important facts about pneumococcal pneumonia.**

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