

LUNG HEALTH IN NEW ZEALAND FOUR KEY MESSAGES

1

Lung disease can affect anyone.



2

See a doctor if you have a cough, shortness of breath, chest pains or noisy breathing.



3

Lung disease can be treated. The earlier you start treatment the better.



4

Look after your lungs. Be active and don't smoke.



*lung cancer
matters
lung health
matters*



TUAPAPA PŪKAHUKAHU
LUNG FOUNDATION
New Zealand